

MENTAL HEALTH SERVICES

Inova Loudoun Hospital Psychiatric Liaison | 703.858.6632

Inova Loudoun Hospital's Psychiatric Liaison provides psychiatric consults and care navigation to patients who are medically admitted. The Psychiatric Liaison is a resource for both staff and patients/families. A consult can be initiated by any member of the care team, and the liaison may provide patient assessments/re-assessments pre-discharge, provide crisis intervention and offer referrals to care.

The Psychiatric Liaison will also develop educational and training programs for mental health and substance abuse issues (i.e. identification, options for treatment, and the caregiver's role in supporting patients diagnosed with mental illness or substance abuse) and highlight resources and barriers impacting access to community mental health and substance abuse services.

Inova Behavioral Health Outpatient Center | 703.289.7560

Inova's outpatient behavioral health services are available to patients who need acute care but are not at imminent risk to themselves or others. Outpatient services include behavioral health evaluations and treatment services, medication management and ongoing care for diverse psychiatric disorders.

Inova's partial hospitalization program fills a gap in mental health services by providing supportive and structured crisis intervention for individuals requiring more intensive mental health care than a weekly counseling or psychiatric appointment can provide. It may also be utilized as a step down from inpatient psychiatric treatment.

The Inova Psychiatric Assessment Center (IPAC) provides a unique and valuable resource to the Northern Virginia and Washington, DC, metro area by offering urgent psychiatric walk-in evaluations.

At IPAC, an adult (age 18 and above) may walk in Monday through Saturday from 10 a.m. to 6 p.m. and receive a psychiatric assessment. Upon assessment, a collaborative plan of care tailored to the individual is recommended. The plan may include a medication prescription with a follow up appointment, and/or a referral to a mental health or addiction treatment program.

Inova Comprehensive Addiction Treatment Services (CATS)

The Inova CATS Program is a regional leader in providing the highest quality addiction treatment services for adults. It offers a series of structured programs that provides effective, compassionate treatment for individuals dealing with all forms of chemical dependency. These include addiction to alcohol, prescription drugs, heroin, cocaine and other drugs.

The CATS team includes physicians, psychiatrists, nurses, licensed clinical therapists and certified addiction counselors. An individualized treatment plan is designed for each patient following an in depth assessment. The Inova CATS program offers a continuum of care, providing inpatient medical detoxification, partial hospitalization, intensive outpatient programs (day and evening times), dual diagnosis intensive outpatient programs, sober living and relapse prevention groups, and medication assisted therapies such as buprenorphine (brand name Suboxone) and long-acting naltrexone (brand name Vivitrol). CATS also collaborates with a large network of residential facilities across the country and can refer to an appropriate program if needed.



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Inova Kellar Center | 703.218.8535

The Inova Kellar Center is a comprehensive behavioral health treatment center and special education school for children, adolescents and their families. The Inova Kellar Center provides a full continuum of outpatient services for psychiatric disorders, substance use disorders, and behavioral and emotional issues. Services include assessment, psychological testing, educational testing, psychiatric evaluation, medication management, individual, family and group therapy and intensive in-home services.

For adolescents who require intense mental health interventions, the Center provides an after school intensive outpatient program for mental health and co-occurring

disorders and a full day Partial Hospitalization Program (PHP) for adolescents who are in crisis and unable to attend school. The treatment services and programs are provided to children and families regardless of their ability to pay.

The Kellar School of Inova Kellar Center provides special education services to children and adolescents who have not been successful in the public school setting and may be at risk for being removed from the community and placed in more restrictive settings.

As of April 2018, the Inova Kellar Center Loudoun Campus will be open and located at 46050 Manekin Plaza, Sterling, VA.

Dominion Hospital | 703.720.5527

Dominion Hospital is a free-standing mental health facility with locations in Falls Church and Chantilly. Dominion Hospital offers comprehensive services to identify and treat difficult issues facing children ages 5-12, adolescents ages 13-17 and adults age 18 and older. Dominion Hospital offers a full range of treatment options with a focus on crisis intervention and stabilization through inpatient and partial hospitalization programs, as well as a strong outpatient referral network. Individuals receive quality care through specialized services in safe, healthy, confidential and calming environments.

Dominion Hospital treats anxiety and bipolar disorders, depression, chemical dependency and substance abuse with psychiatric illness, self-injury and many other emotional, behavioral and mental health issues. The Reflections Eating Disorders Treatment Center, a self-contained unit, is the first and only program in Northern Virginia to provide non-punitive interventions in therapeutically and medically appropriate inpatient and partial hospitalization (day) programs, as well as access to outpatient care in one comprehensive treatment center.

Located at 14501 George Carter Way, Chantilly, VA.

North Spring Behavioral Healthcare | 800.777.8855

North Spring Behavioral Healthcare offers safe and secure residential treatment and inpatient acute psychiatric programs, designed to restore a sense of hope and stability. Their primary focus is to encourage constructive change, teach new ways to think about the old problems, improve a child's decision making and coping skills, and develop new thinking patterns that can create a sense of possibility.

North Spring Behavioral Healthcare utilizes a variety of intervention techniques including Mode Deactivation Therapy (MDT), Kazdin's Parent Management Training (PMT), animal-assisted therapy, special education services, art therapy, and a supportive non-punitive treatment milieu behaviors in younger boys.

Located at 42009 Victory Lane, Leesburg, VA

HealthWorks for Northern Virginia | 703.443.2000

HealthWorks for Northern Virginia provides medical, dental and behavioral health services to anyone in need, regardless of age or ability to pay. HealthWorks provides patients with comprehensive behavioral health services that are fully integrated with their primary health care program. Working as part of the health care team, behavioral health staff offer a complete range of services for children and adults to help patients and families understand and cope with medical, psychological and social issues. These may include depression, anxiety, anger management, family conflict, parenting challenges, grief, work stress, isolation, eating disorders, divorce/separation or drug/alcohol use.

HealthWorks' behavioral health staff can help patients develop skills to modify behavior - such as losing weight or quitting tobacco - and skills to effectively manage emotional or behavioral difficulties. The behavioral health team also provides care management, evaluation and crisis intervention, ongoing counseling and therapy, patient education and medication management.

HealthWorks for Northern Virginia has two convenient locations in Herndon, VA and Leesburg VA.

MHSADS Services

Mental Health and Substance Abuse Outpatient Services | 703.771.5155

- Treatment for children, adolescents, families, and adults
- Psychiatric services and medication management

Case Management for Individuals with a Developmental Disability, Substance Use Disorder, Serious Mental Illness, and/or Serious Emotional Disorder (Youth) | 703.771.5155

- Assessment, referral, linkage, and monitoring of support and service needs

Early Intervention Services | 703.777.0561

- Services for infants and toddlers (ages 0 – 2) who have a diagnosed handicapping condition, suspected

delay in development or atypical development – including children with vision and hearing impairments

- A developmental screening and/or assessment is completed to determine eligibility
- Upon eligibility, a family service plan is developed to address concerns, priorities and resources

Psychosocial Rehabilitation at Friendship House 703.777.5710

- Daily programming for adults with serious mental illness and/or co-occurring disorders
- Recovery focused skill-building groups and activities