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# AGENDA

## WELCOME

- + Tony Howard  
*Loudoun County Chamber of Commerce*

## PRESENTATION OF THE COLORS

- + Loudoun County Sheriff's Office

## GOD BLESS AMERICA

- + Second Lieutenant Chris Sawyer  
*Loudoun County Sheriff's Office*

## INVOCATION

- + Gary Myers  
*Chaplain, Ashburn Volunteer  
Fire and Rescue Department*

## LOUDOUN FIRST RESPONDERS FOUNDATION

- + Ed Williams  
*Chairman*

## LUNCH

## SPONSOR & VIP RECOGNITION

## SIGNATURE SPONSOR REMARKS

- + Inova Loudoun Hospital

## STU PLITMAN AWARD

- + Tony Howard  
*Loudoun County Chamber of Commerce*
- + Barbara Plitman

## VALOR AWARDS PRESENTATION

- + Jeff Goldberg  
*ABC7 Virginia Bureau Chief*

## CLOSING REMARKS

- + Tony Howard  
*Loudoun County Chamber of Commerce*

# SPONSOR LIST

## SIGNATURE SPONSOR

- + Inova Loudoun Hospital

## HEROISM SPONSOR

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# We salute our local fire, rescue and police personnel for their dedication to protecting our families, neighbors and beloved community.

Congratulations to the *2016 Valor Award* recipients whose acts of kindness go above and beyond the call of duty.

## Primary Care

Ashburn Pediatrics  
Ashburn Sterling Internal Medicine & Pediatrics  
Chadha, Vijay, MD  
Coleman Primary Care  
Dulles Medical Group  
Family Medicine Associates of Alexandria  
The Iyer Clinic  
Kingstowne Internal Medicine  
Leesburg Sterling Family Practice  
LMG Education Center  
Loudoun Internal Medicine Associates  
Loudoun Medical Care and Wellness  
Loudoun Medical Group Primary Care Center  
Loudoun Pediatric Associates  
Loudoun Valley Family Practice  
Mancini & Korkowski  
MDVIP  
Mitchell, Whittaker and Wu, MD's

## MountainView Medical Associates

Nekoba, Jeffrey K., MD  
Nemeth, Richard, MD  
Pediatric Healthcare  
Potomac Family Practice  
Sterling Family Practice  
Sterling Pediatrics  
Virginia Medical Arts Clinic

## Specialty Care

Adler, Oscar, MD: Kidney Disease & Hypertension  
Advanced ENT Specialists  
Advanced Spine & Sports Therapy  
Akhtar, Nauman J., MD  
Alexandria WomenCare  
Breast Care Consultants of Northern Virginia  
Center for Spinal Surgery & Spinal Disorders  
Chiantella, Virginia, MD  
Comprehensive Sleep Care Center  
Corporate Health Center

## Digestive Disease Physicians

The Eye Center  
Family Allergy and Asthma Associates  
Family Allergy Center  
Foster, G. Neil, MD  
Gavin, Matthew B., MD  
GI Endoscopy Center of Northern Virginia  
Hackenberg, Virginia, MD  
Infectious Diseases: Tropical Medicine & Travelers Health  
Integrative Functional Medicine Center  
Kavanagh, Michael, MD  
Loudoun Community Midwives  
Loudoun Dermatology Associates  
Loudoun Gastroenterology  
Loudoun Gynecology Associates  
Loudoun Medical Group Immediate Care Center  
Loudoun Medical Group Lab  
Loudoun Medical Group Wellness and Weight Loss Center

## Loudoun OB/GYN

Loudoun Rheumatology Center  
Loudoun Spine & Rehabilitation  
Loudoun Surgical  
Metropolitan ENT & Facial Plastic Surgery  
Mountcastle Plastic Surgery and Vein Institute  
NoVa Anesthesia Providers  
Neurology Associates  
Northern Virginia ENT Associates  
Oncology/Hematology of Loudoun and Reston  
Optimum Physical Therapy & Sports Medicine  
Orthopaedic & Spine Surgery Institute  
Scrubs Plus by LMG  
Skin Cancer Center of Northern Virginia  
Surgical Specialists of Northern Virginia  
The Urology Group  
Virginia Center for Neuroscience  
Virginia Heartburn & Hernia Institute  
Virginia Women's Health Associates



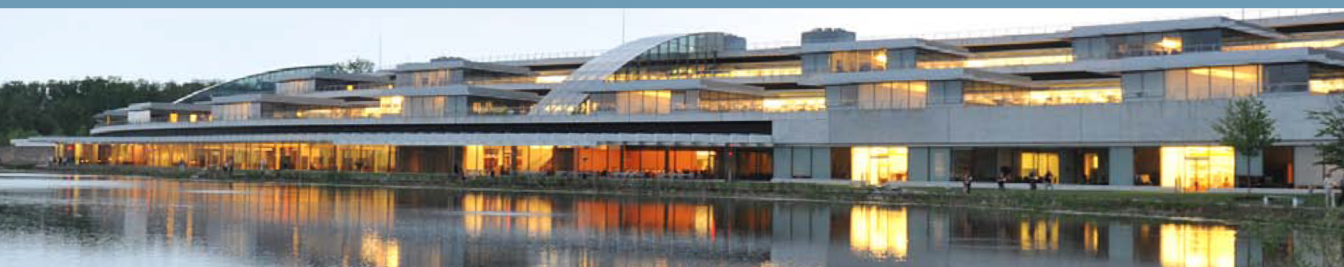
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A LETTER FROM THE

# LOUDOUN COUNTY CHAMBER

On behalf of the Board of Directors of the Loudoun County Chamber of Commerce, we thank you for attending the 31st Annual Loudoun County Valor Awards.

On behalf of the Board of Directors of the Loudoun County Chamber of Commerce, we thank you for attending the 31st Annual Loudoun County Valor Awards.

We hope you enjoy this year's ceremony, which is part of a proud Loudoun County Chamber tradition that allows our business community to express its deep and abiding gratitude for the service of our community's career and volunteer emergency first responders. The Chamber also is very proud to honor those citizens who, when faced with an emergency situation, stepped in to assist another person in their time of desperate need.

Your participation in today's program is a wonderful expression of your support for our 2016 Valor Award honorees, whose heroic and often life-saving actions are clearly worthy of being described as going "above and beyond the call of duty." Your involvement in today's Valor Awards also is an indication of your strong support for all of our first responders, whose commitment and contributions to Loudoun County are irreplaceable.

Loudoun County is truly fortunate to enjoy our nation's finest business climate and a vibrant, healthy community. At the Loudoun County Chamber of Commerce, we greatly value the service of Loudoun's uniformed career and volunteer public safety personnel, whose contributions to our community are essential to our prosperity and our quality of life.

In addition, we also deeply appreciate the strong partnership the Chamber enjoys with our emergency first responders, from the leadership of the Sheriff, Police and Fire and Rescue agencies in Loudoun to the personnel that serve our community every day.

On behalf of the Loudoun County Chamber of Commerce, we are proud to offer our hearty congratulations to the 2016 Valor Award honorees! We know that you, our Loudoun County Chamber members, join us in extending those congratulations.

Sincerely,



**Tony Howard**  
*President & CEO*



**Greg Jay**  
*2016 Chairman*





*Congratulations!*

**2016 Valor Award Recipients**

*We Thank & Honor You*



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A LETTER FROM THE

# AGENCY CHIEFS

The Loudoun County Public Safety Community is honored to welcome you to the Loudoun County Valor Award's 31st celebration of our citizens, men and women in Fire & EMS and Law Enforcement who have taken great personal risk or exhibited exceptional judgment in their duty to protect our community.



The Loudoun County Public Safety Community is honored to welcome you to the Loudoun County Valor Award's 31st celebration of our citizens, men and women in Fire & EMS and Law Enforcement who have taken great personal risk or exhibited exceptional judgment in their duty to protect our community.

Heroic and life-saving actions are extraordinary accomplishments.

Today, we honor the Award recipients and their incidents, deeds, acts or accomplishments and are thankful to have them as members of our community.



As the leaders of our Loudoun County Public Safety agencies, we are humbled to work daily with these distinguished men and women in Loudoun County, and to be a part of this recognition ceremony.

We thank all of the Award recipients for their service and contributions both in and out of the line-of-duty. We also congratulate all of our 2016 Valor Award honorees for their distinguished initiative and personal bravery in providing first aid, professional assistance, protection or any physical act that contributed to the preservation of a human life. The prestigious awards that will be presented today are to honor our career and volunteer emergency first responders, and citizens alike.



Each year, we partner with the Loudoun County Chamber of Commerce to present the annual Loudoun County Valor Awards. With the support from the Chamber and the community, we have been able to recognize hundreds of public safety personnel in our community and we extend our sincere thanks for these partnerships.

Thank you to all of our Loudoun County public safety personnel and award recipients for your performance of duty and commitment to this community!

A handwritten signature in black ink, appearing to read "WKB".

Chief W. Keith Brower  
*Loudoun County Fire, Rescue  
and Emergency Management*

A handwritten signature in black ink, appearing to read "Michael L. Chapman".

Sheriff Michael L. Chapman  
*Loudoun County Office  
of the Sheriff*

A handwritten signature in black ink, appearing to read "V. Grigsby".

Captain Vanessa Grigsby  
*Interim Chief of Police  
Leesburg Police Department*



# Loudoun Times-Mirror

FEBRUARY 25-MARCH 3, 2016 | ESTABLISHED 1855 | LEESBURG, VIRGINIA | VOLUME 216, NO. 50 | WWW.LOUDOUNTIMES.COM

## SCHOOL'S OUT FOR THE PRIMARY

Classes canceled amid concerns of high voter turnout

By HANNAH DELLINGER  
hdellinger@loudountimes.com

The Loudoun County School Board has canceled school for the county's 71,000 students on March 1, the day of Virginia's presidential primary.

The board's decision was prompted by a notification from the Loudoun County Sheriff's Office warning the district about safety concerns. The sheriff's email did not cite

specific, but referenced concerns with public having access to schools and confusion caused by increased traffic around the schools.

A record turnout for the primaries has been forecast throughout Virginia, one of the "Super Tuesday" states.

The Loudoun County Board of Elections originally recommended a two-hour delay on primary day. The school system contacted the sheriff's office and was told at the time there were no additional security concerns unique to March 1.

"What's frustrating is that it appears we've been getting mixed signals," said School Board Chairmen Eric Hornberger (Ashburn), who voted against the motion to cancel class.

Parents are divided over whether schools should be closed for the Virginia primary. During the public comment portion of the meeting, several parents and a student expressed concerns with opening schools on March 1.



Continued on page 5

## Caffé or cabernet

Starbucks' entry into the alcohol scene is about to hit Loudoun. The international coffee behemoth has applied for beer and wine permits at several locations across the county, according to the Virginia Alcoholic Beverage Control website. Among the Loudoun locations with alcohol licenses pending are 3 Pilgrimage Hill in Sterling; 2500 Eastern Marketplace Plaza in Chantilly; 2021 Southbank St. in Sterling; and 2005 Ashbrook Commons Plaza in Ashburn.

Two local locations — 140 Purcellville Gateway Dr. in Purcellville and a shop in the Dulles airport — have already secured wine and beer licenses.

## STADIUM? ONE LOUDOUN MAY PLAY BALL AGAIN

Hounds lease terminated as two-year legal battle churns

Page 6



Times-Mirror / Rick Winkler

From his back porch, Mehdi Pahlavani points to the Kinora construction site across Broad Run near the intersection of Route 7 and Route 28 in Ashburn. VDOT is planning to extend Russell Branch Parkway through Pahlavani's property and construct a bridge over Broad Run to the development.

## American dream, NOVA nightmare

Mehdi Pahlavani has been fighting for his land for eight years. Virginia is seizing part of it through eminent domain, building a road and a bridge next to his house. VDOT's bulldozers are coming to his doorstep unannounced. Now he's asking a federal court for a constitutional right: the due process of knowing when.

Page 7



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Transurban appreciates each and every public safety officer. We are proud to sponsor this year's Valor Awards because it gives us a chance to say "thank you" to all of you for keeping our communities, travelers and workers safe.

Safety is a top priority for Transurban and the Express Lanes, and we rely on help from law enforcement personnel for all our projects during construction and operations. We couldn't meet our commitment to safety without you, and we appreciate your hard work.

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# VALOR AWARD CLASSIFICATION & CRITERIA

## **MERITORIOUS CIVILIAN AWARD**

Recognition of everyday citizens for their extraordinary acts of courage or performance of heroic actions in emergency situations.

## **UNIT CITATION**

Recognition of actions not normally involved in the performance of duties, actions of an extraordinary nature or actions that display outstanding execution of duties by a unit/division/company which demonstrate unusual judgment, zeal, ingenuity and/or bravery.

## **LIFESAVING AWARD**

Recognition of actions not normally involved in the performance of duties, actions of an extraordinary nature or actions that display outstanding execution of duties by an individual which directly result in the saving of a human life.

## **CERTIFICATE OF VALOR**

Recognition of actions not normally involved in the performance of duties, actions of an extraordinary nature or actions that display outstanding execution of duties by an individual which demonstrate unusual judgment, zeal, ingenuity, bravery and/or personal risk.

## **BRONZE MEDAL OF VALOR**

Recognition of actions not normally involved in the performance of duties, actions of a heroic nature or actions that display outstanding execution of duties by an individual which involve personal risk and demonstrate unusual judgment, zeal, bravery and/or ingenuity.

## **SILVER MEDAL OF VALOR**

Recognition of actions not normally involved in the performance of duties, actions of a heroic nature or actions that display outstanding execution of duties by an individual which involve significant personal risk and heroism and demonstrate unusual judgment, zeal, bravery and/or ingenuity.

## **GOLD MEDAL OF VALOR**

Recognition of actions not normally involved in the performance of duties, actions of a heroic nature or actions that display outstanding execution of duties by an individual which involve supreme sacrifice or extreme personal risk and heroism and demonstrate unusual judgment, zeal, bravery and/or ingenuity which is clearly above and beyond the call of duty.

# THE STU PLITMAN COMMUNITY SERVICE AWARD



Officer Wael Abilmona,  
Officer Kristine Rzewnicki

**THE LEESBURG POLICE DEPARTMENT IS A STAKEHOLDER** and partner in the overall Loudoun County Crisis Intervention Team Program (CIT). Through this partnership the LPD has developed a cadre of four CIT instructors to support the instructors from other partners in developing and improving this program.

Approximately 31% of the LPD's first responding patrol officers are now CIT trained. Officer Abilmona and Officer Rzewnicki are both CIT trained officers and serve as CIT instructors in our county wide partnership. To this end, they demonstrated a commitment to not only the core goal of CIT but also to the idea of community service and community caretaker in the extreme.


The LPD has dealt with one particular aging resident for nearly three decades. She has been described as eccentric, irritable, contrary and yet generally supportive of the police department and its personnel throughout the years. Time marches on and this individual now suffers from the effects of aging and declining mental health as she nears her 90th birthday.

While this resident has always been a frequent caller to the police department for various reasons, her declining mental health (to include an increasingly difficult ability to care for herself and extreme paranoia), caused her to call for "help" with increasing frequency...with calls for service increasing steadily to approximately 75 calls per month at its peak. Sadly, this Leesburg resident's family has turned away from her and she is alone; yet, she is not alone as we look closer.

Leesburg Police Officers Abilmona and Rzewnicki developed a check the welfare/daily proactive visit program aimed at reducing our reactive CFS and serving to provide this citizen with a sense of well-being: monitoring her overall physical health, her mental health and her home conditions. Armed with firsthand information, they then began working with other service agencies to improve the situation for this consumer. The officers worked on opposite platoons and different shifts (day and evening) so that daily proactive visits quickly became the norm.

The officers produced daily summaries of their visits outlining their observations, substance of their conversations and the general situation that is the life of this one consumer. These daily interactions reduced the number of reactive calls by nearly 50% within the first three months of





their initiative. Their actions seemed to bring about a somewhat improved sense of calm and reduced paranoia within the consumers mind. Trust was built and the officers took the time to assist with little household chores from straightening up the kitchen to helping fix

soup and a sandwich at times... all while engaging in conversations and observations aimed at getting the consumer the proper services that the police department alone can't provide. The familiar face in the uniform paid dividends to all involved.

The officers worked with our local Adult Protective Services staff and Mental Health staff to garner the facts needed to support court ordered assistance for this citizen. Ultimately, the consumer's actions

and inability to care for herself brought about the need for an Emergency Custody Order and a TDO was subsequently granted. Officer Abilmona provided testimony at the Hearing that was crucial to having the consumer remain in an appropriate facility so that she could receive crucial help and services to improve her life.

The citizen is currently back at her home, following a period of in-patient treatment. Reactive calls remain much lower than before and our proactive interactions remain in place. The LPD continues to be "her family" and even in light of her recent detention, she respects and trusts our assistance and intervention in her life. The once daily welfare checks are now down to only 2-3 per month and the monthly calls for service have dropped to an average of only twice per month in the final quarter of 2015 (down from over 75/month in the first quarter of 2015). The citizen's quality of life is much better and the officers' visits are now characterized as "happy visits" and no longer focused on the citizen's paranoia, distress and fears.

These officers have clearly demonstrated the positive effects of the police being guardians in a community versus strictly being warriors. They have and continue to provide the utmost in community policing services. Officer Abilmona and Officer Rzewnicki, while not alone in this endeavor, were and remain committed to going above and beyond the call of duty in looking out for this aging citizen and striving to provide a level of dignity in her life through their caring actions.

*"...the officers' visits are now categorized as 'happy visits' and no longer focused on the citizen's paranoia, distress and fears."*

# UNIT CITATION



**Engine 604:** Firefighter/EMT Brian Griffin, Firefighter/EMT Aaron Sigler & Captain Dannie Wilson

## ON MARCH 30, 2015 A CALL CAME IN FOR A REPORTED GARAGE FIRE on

Marbury Street in Round Hill. Engine companies 604, 602 and 605 were the first to respond. Their actions mitigated a very serious structural fire and prevented a large scale disaster from occurring.

A structural fire in this neighborhood presents serious challenges because all of the homes are in close proximity and all have attached garages. It was fortuitous that Captain Dannie Wilson was Engine 604's officer that evening because he had walked this subdivision many times to help develop a pre-incident plan.

As **Engine 604** arrived, the crew observed heavy smoke and civilians pointing to the rear of a two story single family home. The crew also saw the attached garage was fully on fire and was spreading to the attached home. Nearby, five other homes were either on fire or in danger of catching fire. Captain Wilson had Firefighter/EMT Aaron Sigler position the engine down an alleyway to help facilitate an aggressive exterior attack on the fire.

Captain Wilson confirmed that the home on fire was unoccupied, then instructed Firefighter/EMT Brian Griffin to direct his hose to attack the large body of fire. Captain Wilson, Firefighter/EMT Sigler and Firefighter/EMT Griffin worked tirelessly to direct their hose streams into the fire that was all around them in the alleyway. They managed to knock down the bulk of the fire and to cool the exposures to prevent the spread of fire. As the Battalion Chief arrived with several more engine companies, Captain Wilson coordinated the deployment of additional hose lines to knock down nearly all of the fire within 15 minutes of Engine 604's initial arrival.

Captain Wilson, Firefighter/EMT Sigler and Firefighter/EMT Griffin worked tirelessly from the moment they arrived to help defeat what could have been a calamitous situation. Their quick thinking and aggressive tactics helped slow the fire's progress and their courageous actions put themselves at risk in numerous ways as they fought to contain the fire and prevent a sizeable catastrophe.

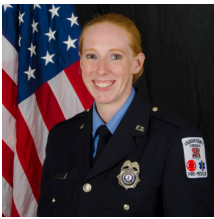
## Engine 605

Led by Captain Derrick Crawford, Engine 605 was the second unit to arrive on scene. Engine 605's driver, Technician Daniel DaCosta positioned at a fire hydrant to establish a water supply to attack the fire while Captain Crawford and Firefighter/Paramedic Karen Lavarney went to

assist Engine 604. Captains Crawford and Wilson soon decided that a hose line was needed inside the home. Captain Crawford and Firefighter/Paramedic Lavarney received permission from the Battalion Chief to stretch a hose line into the home to extinguish the fire. From the front of the home heavy smoke was emitting from the second floor and roof, indicating the fire was now in the living space. Getting additional crews inside the building was the only way to completely stop the spread of the fire. Captain Crawford and Firefighter/Paramedic Lavarney worked from their hose line checking for occupants and locating the fire on the second floor and in the attic space and kept it from spreading further.

The crew from Engine 605 worked tirelessly to supply water to the first engine, attack the fire in the rear of the home and aggressively mount an interior fire attack to stop the fire from spreading, while salvaging many of the homeowner's personal

*"Nearby, five other homes were either on fire or in danger of catching fire."*



**Engine 605:** Captain Derrick Crawford, Technician Daniel DaCosta & Firefighter/Paramedic Karen Lavarney

belongings. The crew from Engine 605 put themselves in harm's way multiple times from the moment they arrived on the scene until the fire was brought under control. Their hard work and aggressive tactics helped to slow the fire's progress, almost to a halt in a short period of time.

### Engine 602

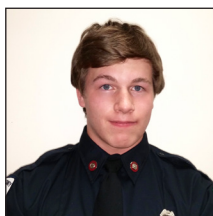
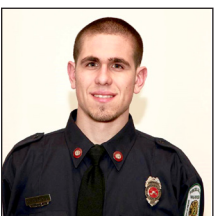
Under the command of Fire Chief Bob Dryden, Engine 602 was the next to arrive on scene and positioned at a second fire hydrant one block from the fire. Chief Dryden and his crew helped Captain Dannie Wilson with stretching several hose lines into the alleyway behind the home to help extinguish a large body of fire in a two car garage that was spreading into an attached home. Chief Dryden worked with Captain Wilson to develop a plan and strategically place multiple hose lines in and around the main body of fire. Under extreme fire and smoke conditions, the crew from Engine 602 positioned their hose lines in between the fully involved garage and the exposed homes across the alleyway, which was not wider than a single passenger vehicle. With flames and heavy smoke directly over them, the crew helped to mount an aggressive exterior fire attack and knock down a large amount of fire. They also helped to protect several homes that were immediately exposed to the fast moving fire.

The crew from Engine 602 worked tirelessly to move and direct their hose streams into the fire which left them with little room to operate safely. They continuously moved their hose lines multiple times up and down the alleyway and behind them where homes were being threatened with fire. Nearly all of the fire was extinguished within fifteen minutes of the first company's arrival on scene, preventing what could have been a disastrous situation.

The crews from Engines 602, 604 and 605 worked with remarkable coordination, determination, courage and skill to defeat a raging house fire that was dangerously close to creating significantly more property damage and potentially threaten area residents.



**Engine 602:** Chief Bob Dryden, Firefighter Chancellor Hendley & Captain Scott Maple



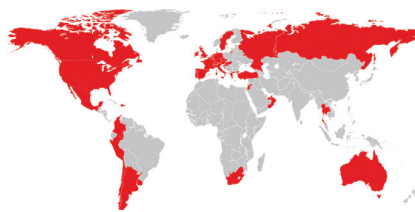
**Engine 602:** Firefighter Christian Perdue, Firefighter Scott Perdue & Probationary Firefighter Anselm Terri





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*Julie Brodie, Engel & Völkers Vienna*



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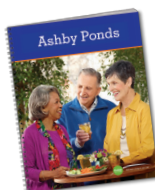
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*We Salute You!*



The residents and staff of Ashby Ponds extend our gratitude to the heroic first responders and everyday citizens honored here today. Thank you for going above and beyond to protect Loudoun County.



To learn more about our maintenance-free retirement community, call **703-723-1999** or **1-800-564-0155**.



**Ashby Ponds**

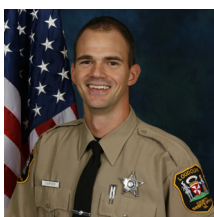
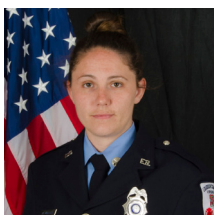
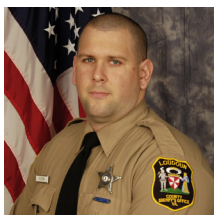
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## INCIDENT TWO

# LIFESAVING AWARD



Deputy First Class Joshua  
Colborn, Firefighter/EMT Jeff  
Grim, Firefighter/Paramedic  
Holly Miller, Deputy First Class  
Matthew Steinfurth

### ON MARCH 1, 2015 DEPUTY FIRST CLASS JOSHUA COLBORN WAS WAITING

at a traffic light when he was approached by a woman stating that her father was unresponsive. DFC Colborn pulled the man from the car and began CPR, after radioing for assistance. DFC Steinfurth arrived and began to assist in CPR. After the ambulance crew arrived to find a 67 year old male lying in the street with Deputies Colborn and Steinfurth performing CPR. On the medic's assessment, an AED was placed on the patient.

Due to being on wet ground, the crews moved the patient to the ambulance where he was defibrillated, pausing CPR only for the shock. After a second shock medications were given per EMS protocols. Soon after, a normal pulse was detected and the patient began breathing on his own. The patient was given multiple medications per protocol and per MD order during transport. At the hospital he was stabilized and sent to the cath lab, where he was found to have multiple coronary blockages.

For their sound thinking and effective efforts that day, DFC Joshua Colborn, DFC Matthew Steinfurth and Firefighter/Paramedic Holly Miller and Firefighter/EMT Jeff Grim have been awarded Lifesaving Awards.

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*"...he was approached by a woman stating that her father was unresponsive."*

PROUD TO JOIN  
THE CHAMBER IN  
CELEBRATING OUR  
LOCAL HEROES!

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# Great leaders inspire our communities

In every community, there are people who inspire others to work for positive change. True leaders know that a small difference accomplished today can create a lasting legacy of success. Little by little we can do a lot.

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**Wells Fargo is proud to salute the Loudoun Chamber  
of Commerce's Valor Award nominees.**

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**Together we'll go far**





## INCIDENT THREE

# MERITORIOUS CIVILIAN AWARD



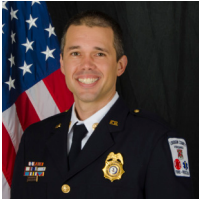
Susan Davis

**IT WAS APRIL 2, 2015, WHEN A MOTHER OF A YOUNG BOY WAS** participating in a counseling session led by Loudoun Health District (LHD) Nutritionist Associate Susan Davis. At one point the mother gave a her son a Doritos chip to snack on. But he soon began choking on the chip. He appeared not to be breathing and he was not making any noise. Susan, who is CPR certified, quickly realized the child's airway was blocked and sprang into action, lifting the child, performing back blows and successfully dislodging the object in the child's throat. The child quickly began to cough and cry, and was referred for further medical evaluation. A day later Susan checked with the mom, who stated that the child was doing well: eating, drinking and sleeping well.

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*“...[she] quickly realized the child's airway was blocked and sprang into action...”*

# UNIT CITATION



(top to bottom) Battalion Chief Aaron Jacobs, Lieutenant Thomas Biller, Lieutenant Brandon Billingsley, Lieutenant Andrew Brown, Lieutenant Ron Claar

## JUST AFTER 4 PM ON MARCH 7, 2015, TRAUMA 615C AND ENGINE 611

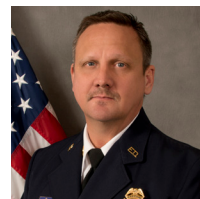
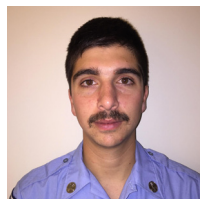
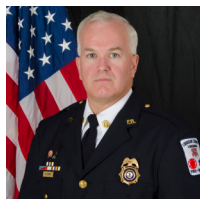
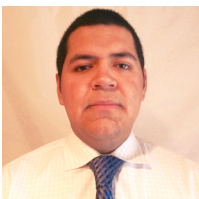
responded to a report of a man entrapped under a pile of dirt in Sterling. Though an initial report had temporarily downgraded the severity of the situation, upon arrival Lieutenant Andrew Brown immediately realized the gravity of the situation and requested additional support, which came from Kincora station 24. Lieutenant Brown also established command and requested a Battalion Chief. Immediately on arrival, Captain Al Pacifico determined additional support was needed because of the amount of mud and ice that had trapped the patient. Based on the patient's location and situation, a prolonged extrication was necessary, perhaps as long as an hour. The initial exam showed an awake and alert Hispanic male in a considerable amount of pain but who seemed to be breathing normally.

Two IV lines were established while continuous cardiac and blood pressure monitoring was performed. Captain Pacifico also ordered a painkiller to keep the patient comfortable throughout the extraction. At this point, the emergency personnel's biggest concern was to remove the patient

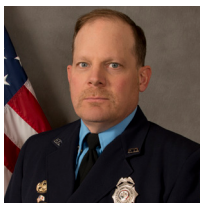
*"...units from separate jurisdictions worked together seamlessly... in an unusual and seriously life-threatening situation."*



(left to right) MT Rolando Contreras, Firefighter William Dunn, Firefighter Dan Fielden (Tech Trisha Danula, not pictured)



(left to right) Tech Jesus Flores, Captain Rodney Frye, Firefighter Louis Glazer, Captain II David Hall



safely and quickly.

As the rescue crews devised and executed a plan to safely extricate the patient, he was given a variety of medical treatments to keep him comfortable and stable. He also was continuously warmed with blankets, hot packs and a tarp.

As the patient was slowly removed from the debris a bowel evisceration and suspected arterial bleed were noted. The area was immediately irrigated with a liter of saline to remove debris while EMS 601 Lieutenant John Rice packed the wound to stop the bleeding. At one point the rescue crews thought they might have to have medical personnel disarticulate – meaning, cut off at the bone – the patient’s leg to safely remove him.

By now, a rescue unit from Fairfax County had freed the majority of the patient and extrication was now possible. The patient was provided advanced airway support and upon extraction he experienced a drop in blood pressure. Normal blood pressure soon returned and the patient was placed on long board with a cervical collar and transported to the landing zone.

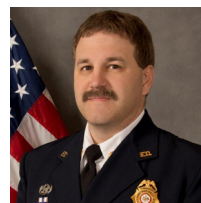
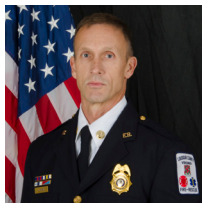
The patient’s ultimate injuries included fractures to left femur, left tibia and fibula. Evisceration and vascular injury were noted as well.

Fire and rescue units from separate jurisdictions worked together seamlessly to affect a positive outcome in an unusual and seriously life-threatening situation. Their teamwork, initiative and combined technical expertise ensured that this patient would live to survive this terrible accident.

(top to bottom) Firefighter Asad Khan, MT Joseph Kieler, Captain Gary Lam, Tech Israel Lopez - Veles  
(first row, left to right) MT Jeffrey Repine, Firefighter Vinnie Malvosio, Tech Paul Meade, Captain Al Pacifico



(second row) Tech Raul Perla, Lieutenant John Rice, Tech Christopher Rinderknecht, EMT-E Christina Rogers, Lieutenant Steven Schmidt  
(third row) EMT Mike Stetler, MT Vernon Tomczak, Firefighter/Paramedic Nathan Wise, Firefighter Russell Whiteaker, Lieutenant Todd Young

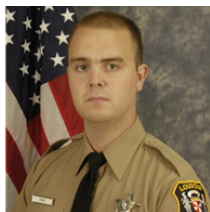
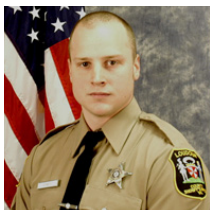
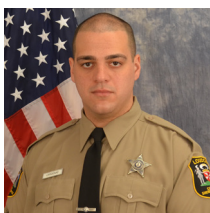
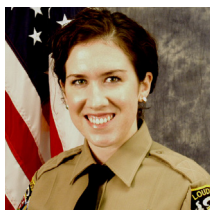


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## INCIDENT FIVE

# LIFESAVING AWARD



Deputy Jillian Brock, Deputy First Class Ruben Cardenas, Deputy Joshua Edney, Deputy Jeffry Rima

### ON NOVEMBER 28, 2015, DEPUTIES RUBEN CARDENAS AND JEFFRY RIMA

responded to a report of a pedestrian struck by a vehicle while crossing Harry Byrd Highway in Sterling. Once the deputies arrived they found the victim lying in the roadway and bleeding profusely. Deputies Jillian Brock and Joshua Edney arrived shortly after and assisted with controlling the scene. They soon discovered the patient's right leg had been severed just below the knee and the open wound, if not immediately treated, could be life threatening. The patient's left leg also was broken in the accident.

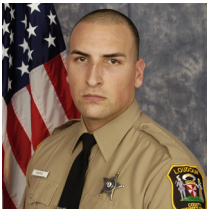
Deputy Brock applied pressure to the victim's leg, assisted by Deputy Edney. Deputy Cardenas handed a tourniquet to Deputy Rima, who applied it to the patient's upper right leg, stopping the bleeding. Deputy Rima and Cardenas tightened the tourniquet while Deputies Brock and Edney supported the patient's head and neck to prevent further injury. Rescue units soon arrived and took over the medical efforts. The crash scene was hectic. Harry Byrd Highway at 6:15 p.m. on a Saturday evening is congested with traffic, which made the rescue operation all the more difficult. Yet, faced with a severely injured pedestrian and busy traffic conditions, the deputies flawlessly rendered aid to the victim.

#### The on scene Fire/Rescue

Battalion Chief even stated he had never seen better advanced medical care provided by Sheriff's deputies and credited that with the patient's survival. Despite being presented with a challenging situation on a crowded roadway, Deputies Ruben Cardenas, Jeffery Rima, Jillian Brock and Joshua Edney excuted their duties flawlessly, ensuring the victim's life was saved.

*"They soon discovered the patient's right leg had been severed just below the knee...and the open wound could be life threatening."*

# CERTIFICATE OF VALOR & MERITORIOUS CIVILIAN AWARD



Jen Ferguson, Deputy First  
Class Casey Johnson, Deputy  
First Class Mike Ramirez

*“Suddenly, the arrestee  
got to his feet to charge  
at the deputies.”*

## ON AUGUST 8, 2015, DEPUTIES FIRST CLASS CASEY JOHNSON AND MIKE RAMIREZ

responded to a report of a large party involving numerous intoxicated subjects at Patton Hall, at the Sterling Fire/Rescue Station. The subjects had rented the building for a family party and it was approaching the end of the rental time. The building management requested assistance to close down the party.

While on scene Deputies Johnson and Ramirez observed an intoxicated male urinating in the parking lot, in plain view of a large crowd, including children. When Johnson made contact with the subject, he threw a beer can at the deputy. Johnson and Ramirez advised the subject that he was under arrest and attempted to take him into custody. The male began to resist and fought the deputies so Johnson took him to the ground. On the ground the subject became more aggressive and kicked Johnson in the chest. The deputies were unable to control the subject so Johnson deployed his Taser, allowing them to eventually take the suspect into custody.

Meanwhile, a large crowd of partygoers, many of whom were friends and family of the subject, began to form and were advancing on the deputies and their arrestee. Individuals in the crowd were agitated and many had fists clinched or bottles in their hands. They soon surrounded the deputies as they escorted the arrestee towards their cruiser. Now an angry mob, members of the crowd began to assault the deputies. Deputy Ramirez was struck by several subjects, including in the face, while one subject advanced with a beer bottle raised over his head to strike him. Deputy Johnson was also struck in the face while a second subject attempted to grab the arrestee and free him from custody.

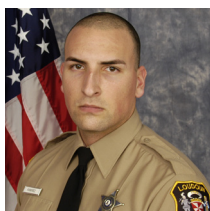
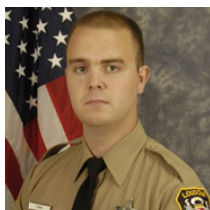
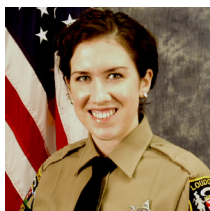
Deputy Johnson tried to take this second subject into custody but he too resisted, which further incited the crowd. Deputy Ramirez escorted the first arrestee to the cruiser and placed him on the ground so that he could assist Johnson, who was under assault by the crowd.

Suddenly, the arrestee got to his feet to charge at the deputies. Jen Ferguson, President of the Sterling Volunteer Rescue Squad, saw this and ran to assist. She put herself between the arrestee and blocked his path, preventing him from further assaulting the deputies. Deputies Johnson and Ramirez both maintained their composure and demonstrated great bravery while dealing with an angry crowd that was actively assaulting them again, some armed with bottles. During the incident Deputy Ramirez sustained an injury to his hand that hampered

his effectiveness. Both deputies continued to perform their duties in an extraordinary manor until back up units arrived on scene. Ms. Ferguson's bravery and actions to protect the deputies on scene demonstrated great zeal and commitment to these law enforcement personnel and their efforts to enforce the law.

## INCIDENT SEVEN

# UNIT CITATION



Deputy Jillian Brock, Deputy  
Jeffry Rima, Deputy First Class  
Mike Ramirez

**ON MAY 20, 2015, DEPUTIES RAMIREZ, BROCK AND RIMA RESPONDED** to a report of a 13 year old male threatening to commit suicide by jumping from a third story window.

The deputies arrived to find the juvenile was completely outside of the window and standing on a small ledge that was at a height that may have killed or seriously injured him if he jumped. The deputies quickly devised a plan. Deputy Brock stayed on the ground floor and engaged the subject while Deputies Ramirez and Rima ran to the third floor. However, the teenager saw Deputies Ramirez and Rima enter the apartment and they were unable to safely approach him for fear he would jump. The juvenile was visibly upset. He was crying and appeared very agitated. Deputy Brock had been communicating with him, but once inside of the apartment Deputies Ramirez and Rima also began to speak him.

They worked very hard to develop a rapport to calm him down. They all maintained very calm and professional demeanors that were having a positive effect on the situation. The juvenile's foster mother also began to speak to the juvenile. But her words seemed to only re-aggravate the situation, causing the juvenile to react emotionally. Soon, the deputies were forced to ask her to leave the scene, for fear her words would make the situation worse.

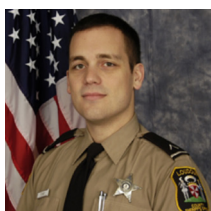
Eventually, all three deputies were able to return their attention to the juvenile and after 15-20 minutes they were able to convince him to climb back into the window where he was secured. The deputies soon learned the juvenile had previously attempted to commit suicide and had jumped from a window on a lower level. Deputy Ramirez took the juvenile into emergency custody and transported him to the hospital for a mental health evaluation.

Deputies Ramirez, Brock and Rima displayed exceptional patience and empathy during this situation, working as a team and even contending with an emotional foster mother. Throughout, they remained calm and kept the situation under control. Their outstanding actions clearly led to the saving of a life.

*"...they  
were able  
to convince  
him to climb  
back into  
the window,  
where  
he was  
secured."*

## INCIDENT EIGHT

# UNIT CITATION



Deputy Joshua Edney,  
Deputy Jason Totaro

### **ON DECEMBER 3, 2015 DEPUTIES JASON TOTARO AND JOSHUA EDNEY**

responded to a report of a suicide attempt in Sterling. The information they received indicated that the subject was a known 18th Street gang member. The person calling 911 was the pastor of the suicidal male and he reported the subject had cut himself in the past and was threatening to do so again. He also reported the subject was very angry and had released himself from a Loudoun County mental facility earlier that day.

Deputies Totaro and Edney arrived and met with the pastor, who was unsure if the subject was armed. He did offer to go inside with the deputies to try and calm the subject. Upon entering the home the deputies witnessed the male subject had multiple cuts to his face, a t-shirt soaked in his own blood and a box cutter to his neck, while yelling at the pastor and deputies. The subject threatened to slit his own throat if they came any closer. Deputy Totaro drew his handgun for lethal cover and Deputy Edney drew his Taser as a less-lethal option to keep the subject from endangering anyone there.

Deputy Totaro and Deputy Edney then escorted the pastor and the women and children hiding upstairs from the house. Deputy Totaro continued to negotiate with the subject to drop the box cutter. But he continued to cut his neck and dig the box cutter into both sides of his neck, resulting in a large amount of blood loss. After about five minutes, the subject asked if he could smoke a cigarette. Deputy Totaro used this as an opportunity to have him drop the box cutter. After the subject voluntarily tossed the box cutter a safe distance away, the deputies safely took him into custody without the use of force. Later, the deputies learned the subject was under the influence of cocaine, an unknown number of pills and around 12 alcoholic beverages.

Thanks to their calm and professional approach to an emotional and very dangerous situation, Deputies Jason Totaro and Joshua Edney clearly saved a life that day.

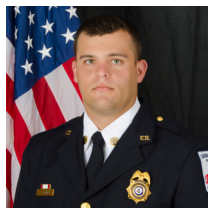


## INCIDENT NINE

# LIFESAVING AWARD

**ON MARCH 11, 2015, FIREFIGHTER/PARAMEDIC DONALD VICK AND LIEUTENANT CHRISTOPHER KORDEK** were called to a scene where a young adult male, who had been working on a power line, was suffering from the results of electrocution.

Vick and Kordek took over CPR from the patient's co-workers. The patient was in full cardiac arrest so they began immediate resuscitation efforts. They continued rescue efforts en route to Inova Loudoun Hospital, where upon arrival the patient regained a pulse and was breathing on his own. Thanks to their exemplary work, Firefighter/Paramedic Donald Vick and Lieutenant Christopher Kordek helped save a life that day.



Firefighter/Paramedic Donald Vick, Lieutenant Christopher Kordek

## INCIDENT TEN

# LIFESAVING AWARD



**IT WAS AUGUST 23, 2015 WHEN** Captain Stewart McLaren, Paramedic Jason McCandless and EMT Alex Apple were dispatched to home in Sterling where it was reported a 52-year-old male was in cardiac arrest.

When they arrived, firefighters that were already on scene had begun CPR and reported they had administered one shock via AED. The AED unit advised that not additional shock was advised. The rescue personnel switched patient over to Lifepak 15 and found ventricular fibrillation on the monitor. The administered one more shock and continued CPR. While CPR continued, additional aid was rendered and the patient was medicated, per protocol. Multiple AED shocks were subsequently delivered until the patient responded with improved breathing, heart rate and strong blood pressure. It was soon determined the patient had experienced a heart attack.

Despite a significant history of heart disease, Captain Stewart McLaren, Paramedic Jason McCandless and EMT Alex Apple were able to resuscitate a very sick patient and put him back on the path to recovery.

EMT Alex Apple, Paramedic Jason McCandless, Captain Stewart McLaren

## INCIDENT ELEVEN

# LIFESAVING AWARD & MERITORIOUS CIVILIAN AWARD



Master Deputy Richard Garis,  
Mary Hummer, Linda Merola,  
Jennifer Piccolomini, (Christina  
Kamara, not pictured)

**ON THE AFTERNOON OF JUNE 6, 2015, DURING A SCHOOL TALENT SHOW** at Park View High School, Mrs. Sachiko Tomomatsu collapsed on stage in front of a full audience.

School Resource Officers Master Deputy Richard Garis and Mr. Teddy Greene rushed to the stage and immediately called 911. The school nurse, Mrs. Linda Merola, assessed Mrs. Tomomatsu's condition as severe, noting she was turning blue and not breathing. Mr. Greene immediately took charge and had the students and staff exit the auditorium. Master Deputy Garis, Mrs. Linda Merola, Mrs. Jennifer Piccolomini, Mrs. Christina Kamara and Mrs. Mary Hummer all worked together to valiantly assist while CPR was performed on Mrs. Tomomatsu.

Mrs. Merola initially started chest compressions and Mrs. Piccolomini did breaths. Mrs. Piccolomini ran to get the nearby AED System while Mrs. Merola, Master Deputy Garis, Mrs. Kamara, and Mrs. Hummer took turns doing chest compressions or giving breaths. Mrs. Merola used the AED to administer a shock to Mrs. Tomomatsu. The AED advised to continue CPR. Another shock was administered from the AED and Mrs. Tomomatsu regained a pulse. CPR was continued until rescue personnel arrived and the patient was transported to Inova Loudoun Hospital.

Though Mrs. Tomomatsu ultimately succumbed to her illness, the valiant efforts of the teachers and two school security officers helped her survive for a few more weeks. While operating in a stressful life threatening situation involving a close colleague, these educators and law enforcement personnel performed with precision, poise and effectiveness.

## INCIDENT TWELVE

# MERITORIOUS CIVILIAN AWARD



Adrian Casbarian, Diego Garcia-Peña, Brendan White, Geoff White, (Dan Willard, not pictured)

**IT WAS OCTOBER 3, 2015, AROUND 2:30 AM** at Clyde's Willow Creek Farm Restaurant when the staff of this Ashburn establishment suspected there was criminal activity taking place.

That suspicion led employee Dan Willard to check the manager's office while Adrian Casbarian and Brendan White checked around the building. Willard was soon confronted by an armed burglar and was assaulted while in the office. Casbarian and White quickly came to his aid and the three together restrained the burglar, keeping him from reaching his weapon. Diego Garcia-Peña and Geoff White also came to the assistance of their tired coworkers and assisted the effort to take the suspect's gun away.

When Sheriff's deputies arrived they found several exhausted employees still relentlessly detaining the suspect. They then helped the deputies detain the suspect without a single injury suffered by themselves, law enforcement or the suspect himself.

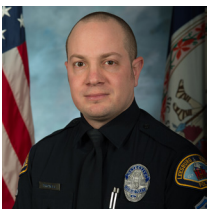
The courage exhibited by Adrian Casbarian, Brendan White, Diego Garcia-Peña, Dan Willard and Geoff White, allowed them to perform without regard for their personal safety. Their bravery was crucial in the apprehension of an armed and dangerous suspected burglar.

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*"...the three together restrained the burglar, keeping him from reaching his weapon."*

## INCIDENT THIRTEEN

# LIFESAVING AWARD



Detective Matthew Hackney,  
Officer Codie Hughes, Officer  
Damian Moreau, Detective  
Daniel Troxell

**ON TUESDAY, FEBRUARY 3, 2015 AT 5 PM,** Detectives Matt Hackney and Dan Troxell, in response to suspected narcotics distribution activity, were conducting surveillance in Leesburg. After observing a suspected narcotics transaction they followed the suspect's vehicle to another location. As they approached they noticed the vehicle's door was open and saw an unconscious person lying on the ground. He appeared to be lifeless, not breathing, and had white foam around his mouth. The detectives exited their vehicle and performed an assessment, noting an absence of breathing and pulse. Hackney began to perform CPR, while Troxell radioed for an ambulance. Troxell then took over CPR while Hackney established scene control among the subject's associates who began to gather.

Officer Damian Moreau arrived next on scene with an AED unit. Officer Codie Hughes, U.S. Secret Service, was off duty and had seen the officers rendering aid. She approached and identified herself before assisting with the AED. Hughes then took over chest compressions until the subject started breathing again and attempted to get up. Moreau and Hughes maintained control of the subject as Hackney and Troxell maintained security of the scene until rescue personnel arrived. The subject was transported to the emergency room and was treated prior to being released.

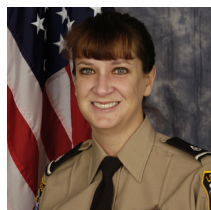
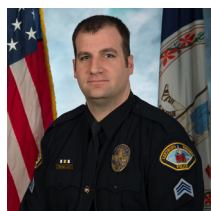
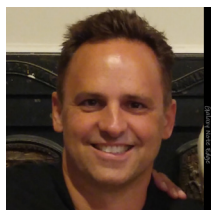
The teamwork and coordination exhibited by Detectives Matt Hackney and Dan Troxell and Officers Damian Moreau and Codie Hughes clearly resulted in a successful, lifesaving outcome.

*"After observing a suspected narcotics transaction, they followed the suspect's vehicle to another location."*



## INCIDENT FOURTEEN

# LIFESAVING AWARD & MERITORIOUS CIVILIAN AWARD



Rick Allison, Sergeant Robert Munger, Senior Deputy Amy Harper

**ON MAY 12, 2015 AT 7:45 PM SERGEANT ROB MUNGER WAS PATROLLING** on East market Street in Leesburg when he saw a man carrying a large kitchen knife running from a local restaurant towards the Loudoun County Government Building. Looking behind the building, Sergeant Munger saw Senior Deputy Amy Harper struggling to untie a man from a rope that was tied to a landscape railing. Munger quickly responded on foot. As he approached he saw Rick Allison, the man with the knife, cutting the rope. Munger looked down and saw a man inside the railing. His eyes were open but he was lethargic, his skin turned purple and the rope was still wrapped around his neck.

Sergeant Munger unwrapped the rope, releasing the pressure from the victim's neck and allowing him to breathe. Munger then called for rescue personnel. The male's physical condition improved quickly, then he became argumentative. Munger secured the victim with handcuffs until rescue personnel responded to transport him to the Inova Loudoun Behavioral Health Service facility. Senior Deputy Harper was on duty providing security for the Loudoun County Government Center when a citizen reported someone had taken down the flag hanging from the pole outside. Senior Deputy Harper went out to investigate, where she discovered the male attempting to hang himself using the flag pole rope. She tried to untie the rope but was unable

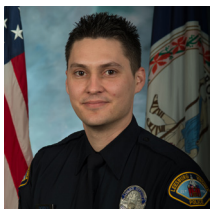
*“[he] saw a man carrying a large kitchen knife running from a local restaurant...”*

due to the man's weight. Rick Allison was working in his restaurant, Pittsburgh Rick's restaurant across the street when he saw the Deputy's frantic attempts to save the man. So he grabbed a kitchen knife and ran to assist.

The combined efforts of Senior Deputy Amy Harper, Rick Allison, and Sergeant Robert Munger resulted in saving the life of a suicidal person.

## INCIDENT FIFTEEN

# UNIT CITATION



Officer William Gage, Officer  
Cary House, Officer Ian Isleib,  
Officer Bradley Schultz,  
Sergeant Bob Thompson

**ON MONDAY, JULY 13, NEAR 11 PM, LEESBURG POLICE RECEIVED** a call regarding a shooting in the 800 Block of Rhonda Place SE. Sergeant Bob Thompson and Officers Bradley Schultz, Ian Isleib, Cary House and William Gage responded and were advised the suspect was still on scene and armed with a handgun. Officers Schultz, Isleib and House were first on scene, where they located the suspect standing in the front yard, holding the handgun.

The officers ordered him to drop the weapon to the ground and covered him with their weapons as he complied. Officer Isleib approached and handcuffed the suspect, searching him to ensure no other weapons were present. Officer Gage arrived on scene and assisted with maintaining custody of the suspect.

Schultz and Isleib turned their attention to the victim, an adult male lying in the driveway.

He was covered in blood and suffering from multiple gunshot wounds. Schultz cut the victim's shirt to expose the injuries. Meanwhile, SGT Bob Thompson arrived on scene and provided his Tactical Emergency Casualty Care kit to Isleib and Schultz.

The two officers worked together stuffing the bullet wounds with clotting gauze to slow the bleeding. Thompson confirmed the scene was safe for rescue personnel to move in and assist. Rescue personnel then transported the victim to INOVA Fairfax Hospital by medivac from Leesburg Airport.

Confronting a dangerous and challenging scene, Sergeant Bob Thompson and Officers Bradley Schultz, Ian Isleib, Cary House and William Gage quickly disarmed a dangerous suspect and ensured his victim did not succumb to his injuries.

*"...they located the suspect standing in the front yard, holding the handgun."*

INCIDENT SIXTEEN

# CERTIFICATE OF VALOR



Officer Russell Bolden, Officer Michael Buracker, Officer Travis Lotz, Officer Stephan Winkler

**IT WAS SATURDAY EVENING, JUNE 6, AND DOWNTOWN LEESBURG WAS** closed to traffic for an evening car show. Officers Travis Lotz, Michael Buracker, Russell Bolden, and Stephan Winkler were on duty providing event security.

Just after 9 p.m., a citizen approached Officer Buracker and reported a fire in the alley near the Town parking garage. Buracker walked over to investigate and saw an apartment above Caulkins Jewelers on S King Street was fully engulfed by fire. Making sure the fire department was called, Buracker was soon joined by Officers Lotz, Bolden, and Winkler. Lotz entered the restaurant next to Caulkins Jewelers and ensured it was empty.

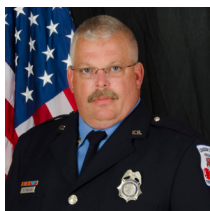
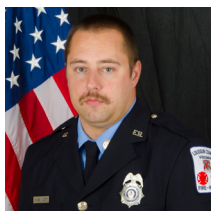
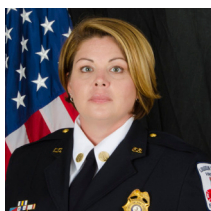
Officer Lotz then joined Officer Buracker near the entrance to the upper apartments, where they spoke to one of the residents. Unable to determine if there were any occupants in the apartment, Buracker, Lotz, Bolden and Winkler bravely decided to be sure by searching the premises. Hindered by the heavy smoke and lack of breathing equipment, the four officers worked their way upstairs and forced entry into each of the apartments. They quickly exited the building after ensuring no other persons were inside.

By now the fire was spreading to the adjoining buildings. Officers Buracker, Lotz, Bolden and Winkler forced their way up the stairs and into the apartments to ensure they were empty. As the officers continued their search in the remaining apartments for victims, the smoke was overwhelming. Firefighting apparatuses were arriving on scene so the officers gave way and briefed the responding firefighters of their efforts, before shifting to scene control.

Officers Travis Lotz, Michael Buracker, Russell Bolden and Stephan Winkler had no training or equipment to prepare them to search for victims inside a structure fire. Their heroic actions in the fleeting minutes before the arrival of the fire department are examples of their dedication and willingness to risk their personal safety to protect the public.

*“Unable to determine if there were any occupants in the apartment, [they] bravely decided to be sure by searching the premises.”*

# LIFESAVING AWARD



**ON FEBRUARY 24, 2015, THE CREW WAS CONCLUDING MORNING** briefing when a citizen began banging on the door. As they went to investigate, a call came in to alert the crew that a bystander was in need of help. They found a 45 year old man in a car, slumped backward between the two front seats. He was barely conscious and had labored breathing. Lieutenant Artisst entered the vehicle to assess the patient and the other crew members helped move the patient from the vehicle, onto a cot and into the ambulance. While assessing the patient, they determined he was very unstable, with an elevated heart rate and pulse. Firefighter/EMT Kidwell was tasked with the ALS assist role, alongside Firefighter/EMT Andrew. Firefighter/Paramedic Nate Moore assumed the role of lead ALS provider and obtained vitals and an ECG; Artisst attempted an IV. Artisst and Moore cardioverted the patient in an effort to break his unstable rhythm. However, the patient soon went into cardiac arrest.

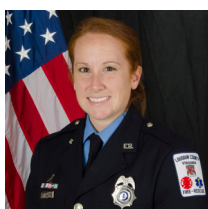
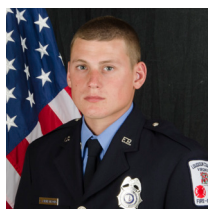
Technician Schlorf contacted the emergency communications center to upgrade the call. Schlorf requested a Chaplain and the Loudoun County Sheriff's Office to assist with the distraught wife. Technician Wells consoled the wife and obtained as much patient information as possible. CPR was administered to the patient, he was shocked once again, and quickly regained a pulse. He soon regained consciousness and was talking to providers within minutes. The crew operated quickly and efficiently; without their great teamwork and communication, the patient may not have survived. Kidwell and Moore delivered the patient to the Emergency Department at Lansdowne Hospital. At the age of 45, the patient is lucky to have survived a 100% blockage to his LAD, commonly known as "the widow-maker."

Due to the extraordinary efforts of the crew, the patient will continue to enjoy life alongside his wife and eight year old daughter. The outstanding teamwork of Lieutenant Nicole Artisst, Firefighter/Paramedic Nathan Moore, Firefighter/EMT Clarence Kidwell, Firefighter Wyatt Swain, Technician Charles Schlorf, Firefighter/EMT Robert Andrews and Technician Spencer Wells, all in the face of a stressful, life threatening situation, made the difference in saving this man's life.

(top to bottom, left to right) Firefighter/EMT Robert Andrew, Lieutenant Nicole Artisst, Firefighter/EMT Clarence Kidwell, Firefighter/Paramedic Nathan Moore, Technician Charles Schlorf, Technician Spencer Wells, (Firefighter Wyatt Swain, not pictured)



# LIFESAVING AWARD



Firefighter/Paramedic John Alishauskas, Firefighter/EMT Cody Armstrong, Erica Duerbeck, Firefighter/Paramedic Candice Swartz, EMT Brittney Wise, (Lieutenant/Medic Tami Bredow, not pictured)

**IT WAS FEBRUARY OF 2015 WHEN RESCUE CREW** M613-E – comprised of Lieutenant/Medic Tami Bredow, EMT Brittney Wise, and ride-along Erica Duerbeck – responded to a report of an unresponsive male lying on the ground, wearing only a long pair of shorts. This patient appeared to have stopped breathing and was hypothermic from exposure to the sub-freezing temperatures of around 14 degrees. The rescue crew immediately started Basic Life Support and Advanced Life Support care and, with the help of the Leesburg Police Department, moved the patient into the ambulance.

Soon after another rescue crew from Station 613 arrived with Firefighter/Paramedic Candice Swartz, Firefighter/Paramedic John Alishauskas, and Firefighter/EMT Cody Armstrong. The two crews worked as a seamless unit to provide care to the patient. That care included initiating IV lines, administering ACLS medications, intubating and ventilating the patient, administering Narcan and rewarming the patient. By the time the ambulance left the scene, the patient's pulse had returned and mechanical chest compressions were no longer needed.

Upon arrival at Cornwall Emergency Department, while the patient was being transferred from the ambulance, his condition began to deteriorate and he went into cardiac arrest. Hospital staff determined the patient had a core body temp of 81 degrees, so they initiated aggressive measures to rewarm him. Both EMS crews remained to assist the hospital staff.

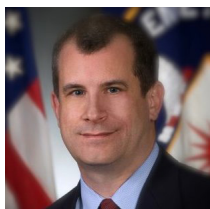
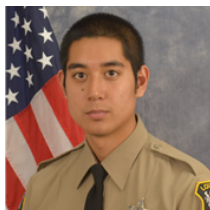
Their combined efforts paid off; eventually the patient was healthy enough to be transferred to INOVA Loudoun Hospital Intensive Care Unit. He was later discharged from the hospital, able to walk out on his own.

The seamless teamwork of both medic units and the Cornwall ED staff is a testament to the INOVA Loudoun Hospital and Loudoun County Combined Fire Rescue System partnership. Facing adverse conditions in that very cold, still dark morning, the members of M613-E skillfully applied their knowledge and training, while working extremely well with other first responders and hospital staff, to help save a young life.

*“This patient appeared to have stopped breathing and was hypothermic...”*

## INCIDENT NINETEEN

# LIFESAVING AWARD



**IT WAS APPROACHING MIDNIGHT ON MARCH 23, 2015 WHEN** the call came in for an unconscious patient with labored breathing. On arrival Deputy Lim found an unknown bystander performing CPR on the patient. Deputy Lim took over CPR, and soon after a rescue squad arrived to assume CPR. By this point the patient was already turning blue.

An AED device was applied to the patient, but the unit advised that no shock be delivered. The patient was then ventilated and a king airway inserted. At the next pulse check, the monitor showed a rhythm. The pulse was confirmed to be a regular, strong pulse.

An IV was established and medications and fluid were delivered. After several minutes the patient opened his eyes and began to sit up. Soon he was conscious and talking. The patient reported having seven shots of liquor and smoking marijuana he believes was laced with heroin. He was transferred to Inova Loudoun Hospital, where he was later discharged.

Thanks to the decisive, effective actions of Deputy Lim and rescue personnel, Captain Kathy Harasek, EMT Daniel Hoppes, Lieutenant Scott Maurice, AEMT Jenny Anzelmo-Sarles and Shema Mohebi, the patient survived.

*“...the patient  
was already  
turning blue.”*

(top to bottom, left to right)  
Captain Kathy Harasek, EMT-I  
Daniel Hoppes, Deputy Aaron  
Lim, Lieutenant Scott Maurice,  
Shema Mohebi, AEMT Jenny  
Anzelmo-Sarles

## INCIDENT TWENTY

# MERITORIOUS CIVILIAN AWARD

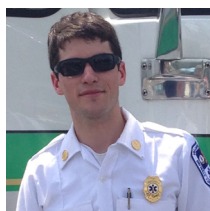
**RESPONDING TO A REPORT OF A MAN IN CARDIAC ARREST**, rescue crews arrived to find the patient's wife, Barbara Chandler, performing CPR. Mrs. Chandler stated that her husband was complaining of chest pains since the night before and that the next day she found him unresponsive.

Mrs. Chandler initiated CPR for approximately nine minutes, stating "I started CPR, and was too afraid to stop to unlock the door for EMS." CPR was taken over by the rescue crew, who transported the patient to Inova Loudoun Hospital. On the way, the patient regained a pulse and was sent to the cath lab where he was diagnosed with coronary occlusion.

He survived and was discharged. Thanks to the quick and effective intervention by Mrs. Chandler, it is very possible that her husband would not have survived.

## INCIDENT TWENTY-ONE

# LIFESAVING AWARD



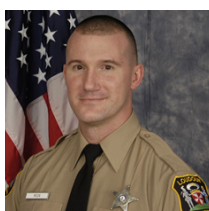
**IT WAS EARLY MORNING IN LATE FEBRUARY WHEN EMS CREWS** responded to a report of an elderly patient in cardiac arrest. They arrived to find the patient's home health caregiver and a neighbor performing CPR. This patient had an embedded morphine pump that was due to be changed that day. When EMS personnel arrived the patient had no pulse and was not breathing. They continued CPR and initiated ventilations. Soon, the patient's pulse returned, though her breathing was difficult; they continued ventilations.

The crew gave the patient an initial dose of Narcan and then a subsequent one. That awoke her, though she remained mostly unresponsive. The patient was transported to Inova Loudoun Hospital, diagnosed with cardiac arrest due to unintentional overdose. She was cared for and later discharged. Thanks to the decisive actions of Lieutenant David Hartung, Lieutenant Daniel Mehan and EMT Brandon Hollingsworth, this patient overcame an accidental overdose and survived her ordeal.

Lieutenant David Hartung,  
EMT Brandon Hollingsworth,  
Lieutenant Daniel Mehan

## INCIDENT TWENTY-TWO

# CERTIFICATE OF VALOR



Deputy First Class James  
Maguire, Jr., Deputy First Class  
Dustin Moon

**AFTER RECEIVING A REPORT ABOUT A MAN TRYING TO END HIS LIFE**, Deputy First Class Dustin Moon and Deputy First Class James Maguire, Jr. responded to a residence in the Cascades neighborhood on May 23, 2015. The man was reportedly inside a running vehicle, in his closed garage. Maguire, an 11-year-veteran on the force, arrived to the scene first, finding the garage door locked.

Moments later, Moon, a 10-year-veteran, arrived for backup.

Moon used his car jack, while Maguire used his baton, to partially open the garage door, allowing fumes to seep out.

After realizing the garage door was not budging any more, Maguire then broke through the home's front door to access the garage.

Inside, Maguire found a man seated in his vehicle, unconscious. Maguire turned off the car, while Moon rushed in to remove the man from the vehicle.

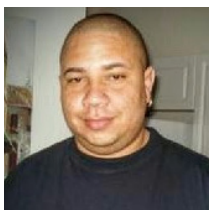
Both deputies began to feel the effects of the carbon monoxide as they pulled the man to safety.

"With only seconds to react, Deputies Maguire and Moon used the tools available to them and thought outside of the box to help save the life of a man suffering through a behavioral crisis," said Loudoun County Sheriff Mike Chapman in a statement. "They put their lives at risk and we are proud of their efforts," added Sheriff Chapman.

The man was rushed to the hospital where he fully recovered and received further treatment. Both Maguire and Moon were treated at the scene for overexposure to carbon monoxide.

## INCIDENT TWENTY-THREE

# MERITORIOUS CIVILIAN AWARD



Hector Quetel, Jr.

**A LEESBURG MAN IS CREDITED WITH TAKING LIFE-SAVING ACTION** while escorting his fiancée to a doctor's appointment.

Hector Quetel, Jr. was escorting his fiancée to a doctor's appointment at the Leesburg-Sterling Family Practice in Lansdowne, when an employee started choking on a piece of food.

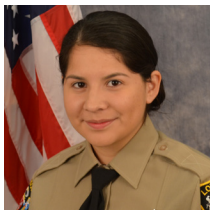
"People tried to help her and a doctor came out, but she was still choking so I ran over, cleared everyone out of the way and did the Heimlich manoeuvre on her," Quetel told a newspaper reporter at the time. "I grabbed her around the waist from the back and pulled up and lifted her so the air got compressed out of her diaphragm and the piece popped out."

Even more remarkable is that Quetel completed the rescue even though he is recovering from back surgery. "I had trained for CPR before, and I just remembered what I had to do," Quetel said. His rescuee was very grateful, he said. "The lady said 'You are my guardian angel-you were meant to be here today.'"



## INCIDENT TWENTY-FOUR

# LIFESAVING AWARD & MERITORIOUS CIVILIAN AWARD



Deputy First Class Harry Elliott, Jr., Deputy Evelin Valladares, Sergeant Nathan Zilke, (Johnique Moseley, Yvonne Savala, not pictured)

**IT WAS JUST AFTER 11 PM ON SEPTEMBER 18, 2015,** when Deputy Evelin Valladares was conducting a security check at the Loudoun County Adult Detention Center. As she checked cell #111, she saw an inmate on the top bunk in a sitting position with a white cloth wrapped around his neck.

The inmate's face was purple and blood was coming from his mouth. Realizing the safety issue of a female deputy entering a cell that was occupied by two male inmates, she remained calm and summoned assistance. The first deputy to respond on scene was Deputy First Class Harry Elliott Jr. Once the cellmate was removed, Deputies Elliott and Valladares entered the cell. They saw the inmate sitting on the top bunk, leaning forward, pulling the ends of a sheet tied into a slip knot around his neck. This tightened the sheet around the inmates' neck, cutting off his oxygen supply. To reach the inmate, Deputy Elliott had to stand on the bottom bunk, balancing himself while untying the knot and removing the sheet from his neck. He then held the inmate up, preventing him from falling off the upper bunk. He held the inmate safely up in a sitting position until the medical personnel arrived.

Sergeant Nathan Zilke, the Squad Supervisor, was the second deputy to arrive on scene, followed by LPN's Johnique Moseley and Yvonne Savala, who initiated medical treatment. The inmate's eyes were slightly open and fluttering, his respiration was shallow and he was unresponsive. They started talking to him as they began to take his vital signs, but did not get a response. LPN Moseley then administered a sternum rub, while still speaking to him, until the inmate responded. Sergeant Zilke then called for an ambulance and instructed two deputies to retrieve the gurney to take him to meet the ambulance.

*"He held the inmate safely up in a sitting position until the medical personnel arrived."*

After being treated at the hospital the inmate was eventually transported to Central State Hospital for psychiatric treatment. Thanks to the hard work and quick response of the Adult Detention Center's deputies and medical staff, this inmate was unsuccessful in his attempt to take his own life.

## INCIDENT TWENTY-FIVE

# MERITORIOUS CIVILIAN AWARD



Aubrey Perry

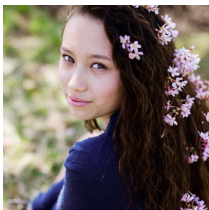
**ON APRIL 11, 2015, AROUND 6 PM,** Technician Josh Yoder and Firefighter/Paramedic Candice Swartz were dispatched to Chapel Hill Court in Round Hill for an adult male with diabetic problems. Aubrey Perry, the daughter of the patient, was 5 years old. She noticed her father was sitting on the couch and not responding. She immediately got her dad's phone and called her mother, telling her, "Daddy is not acting right, I think he is sick. Can you please come home?"

Knowing her husband is a diabetic, the patient's wife called EMS. When we arrived the husband was awake, but was not responding. The patient was experiencing a diabetic emergency with dangerously low blood glucose levels. Aubrey helped the ambulance crew in a number of ways while they were treating her dad. Her attention and quick thinking to get immediate medical attention for her father are the reasons why this story has a positive outcome. Her father's blood sugar was dangerously low and if another 15 minutes had gone by without help, he could have experienced life threatening complications!

For these reasons we are proud to present Aubrey Perry with a Meritorious Civilian Award.

## INCIDENT TWENTY-SIX

# MERITORIOUS CIVILIAN AWARD



Madison Mattison

**IT WAS JANUARY 15TH, AROUND 9:20 PM** and Madison Mattison – an 8th grade student from Ashburn – was at basketball practice. Her biological father, Mr. M. Nguyen, showed up at the school and became enraged when his ex-wife, Madison's mother, had shown up without the rest of their children. Madison and her siblings had suffered years of emotional torment caused by their father, whose violent tendencies frequently necessitated calls to law enforcement for protection. The oldest of five children, Madison lived with her mother Denise and step father, Corey Mattison. A talented athlete, singer, musician, and photographer, Madison is an exemplary role model to her younger siblings. She and her siblings all loved Corey Mattison and considered him to be their true father and protector.

On that cold January evening, M. Nguyen assaulted Madison in the school's parking lot, shoving her, then running towards Denise and Corey's home. Denise and Madison quickly drove home and heard the sound of a gunshot as they neared the residence. Despite the risk, but knowing her family was inside, Madison ran inside the home. As she ran upstairs towards her siblings, M. Nguyen broke through the front door and several deafening gunshots rang out. Madison quickly directed her siblings safely into the bathroom in attempt to barricade them from the danger.

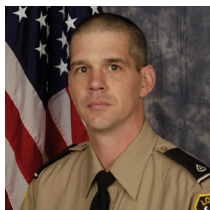
In the face of incomprehensible fear, Madison maintained her composure and calmly called 911. Of the approximately fifteen 911 calls that came in from worried, sometimes frantic neighbors reporting the incident, Communications Training Officer J. Weimer answered Madison's call that tragic night.

As Officer Weimer recalled later: "I could hear her siblings and mother in the background all crying... Madison remained calm and was able to answer all the questions that I was asking...she acted very bravely and was able to let me know what happened and where she was in the house with the rest of her family. This young lady was able to provide information that was not only vital to assisting her but also helped to maintain the safety of the officers arriving on scene."

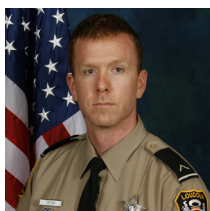
Deputy C. Smith also sang Madison's praises: "As one of the first responders on scene, I can testify to the importance of the critical information provided by Madison. Arriving to a gunman still on scene and a dying victim, prompt and pertinent information was vital. Though the killer took the life of the man Madison considered her true and loving father, Madison was a genuine hero in keeping the rest of her family safe in the midst of a life threatening and horrific situation."

## INCIDENT TWENTY-SEVEN

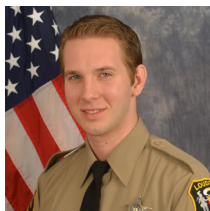
# BRONZE MEDAL OF VALOR & CERTIFICATE OF VALOR



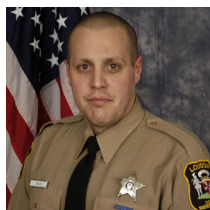
**ON NOVEMBER 22, 2015, JUST AFTER MIDNIGHT,** Deputy First Class Dawn Taylor was completing some paperwork in her cruiser when a vehicle passed by without headlights on. DFC Taylor believed that she may be dealing with an impaired driver, so she immediately pulled out behind the vehicle and activated her emergency lights. The vehicle slowly pulled to the side of the road, striking the curb, but did not stop moving. It then pulled back out into the roadway, passed a parked vehicle, then again pulled over to the right, but did not stop. Suddenly, the vehicle accelerated rapidly through a residential area, moving recklessly and at a high rate of speed, even speeding through a stop sign.



DFC Taylor continued to follow the vehicle, but it was beginning to pull away. The deputy even lost sight of the vehicle. As she approached N. College Drive she came upon a serious vehicle crash and noticed the vehicle was on fire. Without concern for her own safety, DFC Taylor approached the vehicle and discovered two occupants. She communicated with Dispatcher McDonald that both occupants were trapped in the vehicle. The fire was spreading and was very near the driver.



Other deputies began to arrive as the fire spread through the vehicle. Master Deputy Rounds and DFC Taylor worked to open the side door to gain access to the passenger. Eventually they were able to open the door and worked together to get the severely injured passenger to safety. The passenger was treated at the hospital with serious, but non-life-threatening injuries.



The other units on scene attempted to control the fire with fire extinguishers. Deputies were calling for all units with a fire extinguisher. They also attempted to use hoses from neighbors' homes. Eventually, Fire and Rescue arrived on scene. Unfortunately, the driver did not survive the crash, despite every effort.

The responding deputies placed their own well-being in jeopardy by attempting to affect two rescues from the burning vehicle, ultimately saving the life of the passenger. Their actions, and that of the emergency dispatcher, demonstrated a high level of professionalism, ingenuity and bravery.

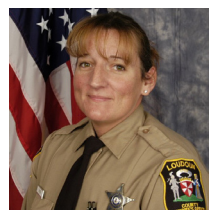
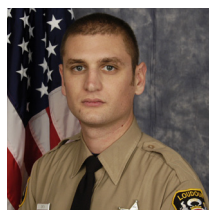
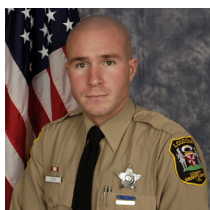


### BRONZE MEDAL OF VALOR RECIPIENTS

(from top to bottom) Master Deputy Chuck Rounds & Deputy First Class Aaron Taylor

### CERTIFICATE OF VALOR RECIPIENTS

(top to bottom) Deputy David Barko, Sergeant Chad Braun, (first row) 1st Lieutenant T.J. DeLitta, Assistant Dispatch Supervisor Christopher McDonald, (second row) Deputy First Class Kevin O'Brien, Deputy Todd Pillo, Deputy First Class Joshua Santos, Deputy First Class Shawn Smith, Deputy First Class Dawn Taylor



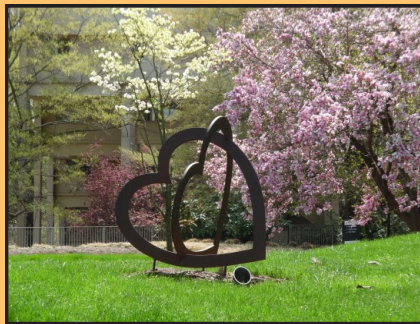




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